

TALENTENTEAM



TALENTEN TEAM 2019-2020

OUTDOOR

Jongens	Kad 1	Kad 2	Schol 1	Schol 2
100m	12"40	12"05	11"80	11"50
200m	25"50	24"55	23"90	23"30
400m	58"50	55"60	54"	52"
800m	2'11"50	2'08"50	2'02"50	2'00"
1500m	4'30"	4'26"	4'17"	4'12"50
3000m	---	---	9'20"	9'15"
100mH/110mH	17"80	16"00	18"00	16"00
300mH/400mH	47"50	45"	63"	61"20
Steeple	4'58"	4'52"	6'45"	6'43"

INDOOR + OUTDOOR

Jongens	Kad 1	Kad 2	Schol 1	Schol 2
Hoog	1m65	1m67	1m80	1m82
Polssstok	3m10	3m10	3m50	3m60
Ver	5m50	5m70	6m20	6m30
Hinkstap	11m	11m	12m10	12m20

Kogel	12m25	12m40	12m75	13m20
Discus	40m	40m50	37m50	39m
Speer	40m	42m00	46m50	48m
Hamer	25m	35m	28m	39m
Meerkamp	3500pt	3700pt	4700pt	5100pt

INDOOR

Jongens	Kad 1	Kad 2	Schol 1	Schol 2
60m indoor	7"92	7"69	7"50	7"36
200m indoor	25"75	24"95	24"20	23"59
400m indoor	59"	56"50	54"50	52"99
60mH indoor	9.99	9.40	8.99	8.62
800m indoor	2'12"	2'08"50	2'04"	2'01"
1500m indoor	-----	-----	-----	-----
MEERKAMP	2700pt	2950pt	4000pt	4250pt

CROSS

Jongens	Kad 1	Kad 2	Schol 1	Schol 2
PK	Top 6	Top 6	Top 6	Top 6
BK	Top 15	Top 15	Top 15	Top 15

TOPTEAM

TALENTEN TEAM 2019-2020

OUTDOOR

Heren	JUN	Senioren			
		C	B	A	TOP
100m AMH T37	---	13"90	13"60	13"25	12"95
100m	11"32	11"20	11"08	10"95	10"75
200m	22"85	22"60	22"22	21"95	21"55
400m	51"	50"30	49"70	48"90	48"
800m	1'57"50	1'55"70	1'54"25	1'52"40	1'49"60
1500m	4'04"25	4'00"	3'54"25	3'50"	3'45"
3000m	9'00"	8'46"50	8'33"	8'23"	8'10"
5000m	15'25"	15'00"	14'39"	14'22"	14'00"
10000m	33'45"	32'50"	31'50"	31'00"	30'00"
Marathon	---	2u36'	2u30'	2u24'	2u18'
110mH	16"10	16"30	15"60	15"30	14"75
400mH	60"50	58"95	56"50	55"20	53"50
3000m Steeple	10'22"	10'00"	9'40"	9'23"	9'10"

INDOOR + OUTDOOR

Heren	JUN	Senioren			
		C	B	A	TOP
Hoog	1m87	1m90	1m95	2m00	2m07
Polssstok	4m	4m25	4m50	4m70	5m
Ver	6m55	6m70	6m95	7m15	7m40
Ver AMH T37	---	4m45	4m70	4m90	5m25
Hinkstap	13m	13m30	13m70	14m	14m50

Kogel	13m30	13m40	14m25	15m	16m
Discus	40m	41m50	43m50	47m	50m
Speer	48m	51m50	55m50	59m	63m
Hamer	39m	39m50	45m	50m	54m80
Meerkamp	5475pt	5500pt	5750pt	6000pt	6300pt

INDOOR

Heren	JUN	Senioren			
		C	B	A	TOP
60m indoor	7"22	7"16	7"07	7"	6"90
200m indoor	22"99	22"69	22"35	22"15	21"85
400m indoor	51"65	50"99	50"30	49"75	49"
60mH indoor	8.55	8.99	8.62	8.42	8.20
800m indoor	1'59"	1'58"	1'56"	1'54"50	1'52"
1500m indoor	4'10"	4'06"	4'00"	3'57"	3'55"
MEERKAMP	4200pt	4200pt	4500pt	4750pt	5100pt

CROSS

Heren	JUN	Senioren			
		C	B	A	TOP
PK	Top 6	Top 12	Top 5	Top 3	---
BK	Top 15	Top 40	Top 25	Top 15	Top 6

KORTE CROSS

PK	---	Top 10	Top 5	Top 3	---
BK	---	Top 35	Top 25	Top 15	Top 6

TALENTENTEAM



TALENTEN TEAM 2019-2020

OUTDOOR

Meisjes	Kad 1	Kad 2	Schol 1	Schol 2
100m	13"30	13"05	12"95	12"82
200m	27"65	26"90	26"60	26"30
400m	64"40	62"10	61"	60"50
800m	2'27"	2'24"	2'22"	2'20"50
1500m	5'07"	5'02"50	4'58"	4'55"50
3000m	---	---	11'30"	10'59"
80mH/100mH	13"80	12"80	18"	15"70
300mH/400mH	51"70	49"10	76"	67"70
Steeple	5'55"	5'45"	8'00"	8'52"

INDOOR + OUTDOOR

Meisjes	Kad 1	Kad 2	Schol 1	Schol 2
Hoog	1m53	1m55	1m55	1m58
Polssstok	2m50	2m70	2m80	3m
Ver	4m95	5m05	5m10	5m17
Hinkstap	10m	10m15	10m30	10m40

Kogel	10m50	10m90	11m50	12m
Discus	27m	29m	30m	32m
Speer	31m	32m50	33m	35m
Hamer	25m	32m	34m	37m50
Meerkamp	3100pt	3350pt	3500pt	4100pt

INDOOR

Meisjes	Kad 1	Kad 2	Schol 1	Schol 2
60m indoor	8"40	8"25	8"12	8"02
200m indoor	27"80	27"10	26"60	26"25
400m indoor	65"	63"40	61"99	60"80
60mH indoor	9"99	9"55	9"35	9"20
800m indoor	2'28"	2'26"	2'23"	2'21"
1500m indoor	-----	-----	-----	-----
MEERKAMP	2600pt	2825pt	3025pt	3175pt

CROSS

Meisjes	Kad 1	Kad 2	Schol 1	Schol 2
PK	Top 5	Top 5	Top 5	Top 5
BK	Top 12	Top 12	Top 12	Top 12

TOPTEAM

TALENTEN TEAM 2019-2020

OUTDOOR

Dames	JUN	Senioren			
		C	B	A	TOP
100m	12"68	12"55	12"30	12"10	11"85
200m	25"90	25"60	25"10	24"80	24"
400m	59"40	58"80	57"75	56"60	54"60
800m	2'18"	2'16"	2'14"25	2'12"50	2'08"20
1500m	4'49"50	4'44"	4'37"50	4'32"50	4'24"50
3000m	10'40"	10'30"	10'14"50	10'02"	9'47"
5000m	18'37"	18'20"	17'50"	17'24"50	17'00"
10000m	40'25"	39'45"	38'50"	38'24"	37'50"
Marathon	---	3u12'	3u03'	2u54'	2u45'
100mH	15"50	15"10	14"60	14"40	13"80
400mH	66"50	65"50	63"75	62"40	60"
3000m Steeple	12'20"	12'05"20	11'40"	11'23"50	10'59"

INDOOR + OUTDOOR

Dames	JUN	Senioren			
		C	B	A	TOP
Hoog	1m61	1m64	1m68	1m71	1m77
Polssstok	3m25	3m45	3m65	3m75	4m
Ver	5m28	5m38	5m57	5m72	6m
Hinkstap	10m70	11m	11m40	11m75	12m20

Kogel	11m50	12m	12m60	13m	14m
Discus	35m	37m	40m	42m	45m50
Speer	35m	37m	39m50	42m	45m
Hamer	36m	37m50	40m30	43m	51m
Meerkamp	4150pt	4350pt	4600pt	4800pt	5100pt

INDOOR

Dames	JUN	Senioren			
		C	B	A	TOP
60m indoor	7"92	7"84	7"72	7"63	7"52
200m indoor	25"90	25"69	25"30	24"95	24"50
400m indoor	59"99	59"10	57"99	57"	55"99
60mH indoor	9"30	9"15	8"99	8"72	8"50
800m indoor	2'20"	2'19"	2'17"	2'15"50	2'13"
1500m indoor	4'56"	4'52"	4'47"	4'40"	4'35"
MEERKAMP	3000pt	3100pt	3350pt	3500pt	3800pt

CROSS

Dames	JUN	Senioren			
		C	B	A	TOP
PK	Top 5	Top 10	Top 5	---	---
BK	Top 12	Top 25	Top 20	Top 10	Top 5

KORTE CROSS

PK	---	Top 8	Top 3		
BK	---	Top 20	Top 10	Top 3	