

PUTBOS MEMORIAL LEON BUYLE Flanders Cup meeting

Putbos Lokaal Organisatie Comité (PLOC)

V.Z.W. Vlierzele Sportief (VS)



zaterdag 4 juni 2016

Putbosstadion te Oordegem - Lede

Sport Vlaanderen - BLOSO

Voorprogramma vanaf 12h30

12H30	100 M Vrouwen (± 8 reeksen)
	100 M Mannen (± 9 reeksen)
13H30	400 M Horden Vrouwen (± 4 reeksen)
	400 M Horden Mannen (± 4 reeksen)
14H05	200 M Vrouwen (± 9 reeksen)
	200 M Mannen (± 9 reeksen)
15H00	400 M Vrouwen (± 8 reeksen)
	400 M Mannen (± 12 reeksen)
16H10	100 M Horden Vrouwen (± 3 reeksen)
	110 M Horden Juniores Mannen (± 1 reeks)
	110 M Horden Mannen (± 3 reeksen)



MAIN PROGRAM

17H00	400 M Women (Race A,B)	16H45	JAVELIN THROW Men
17H10	400 M Men (Race A,B) - Eddy De Leeuw		
17H20	100 M Wheelers Women	16H55	POLE VAULT Men
17H25	100 M Wheelers Men	17H10	LONG JUMP Women
17H30	100 M Women (Race A,B,C)	17H15	HIGH JUMP Men
17H45	100 M Men (Race A,B,C)		
18H00	Victory Ceremony 400 M Men - Eddy De Leeuw		
18H00	110 M Hurdles Men (Race A)	18H10	JAVELIN THROW Women
18H10	100 M Hurdles Women (Race A)		
18H20	800 M Women (Race A,B)	18H45	POLE VAULT Women
18H32	800 M Men (Race A,B)	18H55	LONG JUMP Men
18H45	200 M Wheelers Women		
18H50	200 M Wheelers Men	19H10	HIGH JUMP Women
18H55	200 M Women (Race A,B)	19H45	DISCUS THROW Men
19H05	200 M Men (Race A,B)		
19H15	3000 M Men (Race A)		
19H30	1500 M Women (Race A)		
19H40	1500 M Men (Race A,B)		

Naprogramma

20H00	800 M Vrouwen (± 6 reeksen)
20H25	800 M Mannen (± 11 reeksen)
21H15	1500 M Vrouwen (± 6 reeksen)
21H50	1500 M Mannen (± 9 reeksen)
22H45	3000 M Mannen (± 3 reeksen)



Atleten met handicap (niet wheelers) mogen deelnemen aan de verschillende wedstrijden.